

Healing
Bridge



PHYSICAL
THERAPY

*Cross the Bridge to Better
Health & Wellness*

**"Healthy citizens are
the greatest asset any
country can have."**

-Winston Churchill



Joyce has enjoyed a career that has allowed her to work with a wide range of clients from geriatrics to weekend warriors to professional athletes, and treat a variety of conditions from post-op to general orthopedic dysfunctions.

Her focus and passion now is to provide individual one-on-one care to women with pelvic floor dysfunction utilizing both internal and external assessment and treatment techniques. Conditions treated include bowel and bladder dysfunction, prolapse, dyspareunia, interstitial cystitis, postnatal complications, vaginismus, pudendal neuralgia and pelvic pain.

Joyce Steele

PT, DPT, CEEAA, BCB-PMD, PRPC

Joyce's goal is to provide woman suffering from pelvic floor dysfunction with the most current evidence-based care available. Her current treatment techniques concentrate on both internal and external manual therapy, biofeedback and empowering the patient with education for self-care management.

Continuing Education:

Since graduating with Distinction from the University of Alberta with a Bachelor of Science in Physical Therapy, Joyce's thirst for knowledge and passion for being able to provide patients with the most up-to-date care, has resulted in a long and varied list of continuing education.

Continuing education has allowed her to integrate knowledge from pharmacology, diagnostic imaging, multi-system anatomy, physiology, biomechanical components of pelvic floor dysfunction into effective treatment programs personalized to each individual patient.

She is one of three clinicians in the State of Oregon that is Board Certified in Biofeedback for Pelvic Muscle Dysfunction. She is also among the first group to test and achieve the Pelvic Rehabilitation Provider Certification.

Professional Organization Member of:

American Physical Therapy Association, since 1997
American Physical Therapy Section of Women's Health
International Continence Society
International Pelvic Pain Society
Interstitial Cystitis Association
National Vulvodynia Association
National Association for Continence

Doctor of Physical Therapy (DPT), College of Saint Scholastica, 2016

Bachelor of Science in Physical Therapy with Distinction (PT), University of Alberta, 1997

CEEAA: Certified Exercise Expert for Aged Adults

BCB-PMD: Board Certified in Biofeedback for Pelvic Muscle Dysfunction, Associate Fellow

PRPC: Pelvic Rehabilitation Practitioner Certified

Personal Interests: When not at work she can be found exploring the great outdoors with her husband and their three young children.

541.318.7041
FAX 541.388.3711

404 NE Penn, Bend, OR 97701
www.HealingBridge.com
pt@healingbridge.com